



St. Joseph's Catholic Primary School

PO Box 340
Bunbury WA 6231
Email: admin@stjosephsby.wa.edu.au

Telephone: (08) 9796 8100
Facsimile: (08) 9796 8132

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Dear Families

Welcome to the school holidays, as designated by the Premier. I hope you have managed to find time to enjoy some sunshine and step back from the curriculum so you can enjoy a break. Our staff are still accessing Professional Development and planning for remote learning for term two, but will take a well-deserved break from Good Friday.

When touching base with families these past couple of weeks, we have been overwhelmed with the enormous desire everyone has to work together for the sake of our students. We so value all your efforts but want to remind you to take a break and find time to appreciate each other's company.

Being housebound can play havoc with relationships, especially when there is no information about when things will return to normal. Nurturing our appreciation of each other's strengths can help us refocus if irritation threatens to cloud the day. Here are some ideas (from Visible Wellbeing™) that may help:

- Make a strengths chain by writing individual strengths on strips of paper and then assembling them into a chain. How long can you make it?
- Pick a strength for the day and see if you can find a movie it might be used in.
- Write strengths on a card each and pop them into a box. Lucky-dip a card each day and keep a look out for the strength during your interactions.

If you happen to drive past the school, keep your eyes peeled for the colourful creation we have started to let you know we're thinking of you. It's our Easter reminder that Jesus is our Hope. Easter celebrates what is most important and deserves our attention, no matter what is going on around us. As long as we are intentional, Jesus' victory through his resurrection can still transform us. Let's listen to St Paul:

Don't shuffle along, eyes to the ground, absorbed with the things right in front of you. Look up, and be alert to what is going on around Christ—that's where the action is. See things from his perspective. Colossians 3:2.

God bless

Jane Olsen

(Acting Principal)